



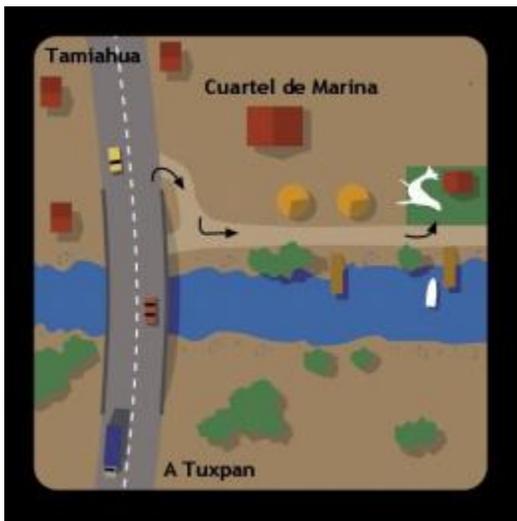
INDICATIONS TO ARRIVE SOMEWHERE

If you leave by car from Mexico City:

Take the Mexico-Tulancingo highway, you have to follow the signs to Pirámides / Tulancingo **QUOTA, not to Pachuca**. Before arriving in Tulancingo Take the freeway towards Tuxpan, it is very badly signposted, so be careful, follow the signs to Tuxpan **QUOTA**.

When you get to Tuxpan you have to cross the bridge that goes over the river and continue the signs to Tamiahua, which is 41 km ahead, this data is important since the road does not have adequate signage either. At you will find a green sign that says "Welcome to Tamiahua, Capital of the Seafood "but consider that you still have to travel 12 more kilometers to reach the population of Tamiahua.

If you come from Tampico, when you get to Naranjos, look over the road for the sign that says Tamiahua, it's on the left side. On this road you will have to go through a small river on a ford, it seems deep and long, however it has a flat firm concrete, in dry season any car, even when they are small happens in a safe way. You can ask us what state the river is in before your visit. Continue on that road until the junction of the Tuxpan - Tamiahua highway, there turn left.



Entering Tamiahua, you have to cross a small bridge, (you'll see a tall tower of radio antenna on your right side), finish the bridge, turn right practically in U and follow the path as if you would like to go to the channel, continue this road next to the canal, 500 meters more ahead is Puerto Lobos, you recognize it because it has a wooden pier with a diving flag. If you have any questions how to get there you can call Puerto Lobos at 01 (768) 8570421. You can also check the next Puerto Lobos league on Googlemaps to know how to get there

To arrive by bus: there are direct runs from Mexico D.F. from the terminal of the North (100 meters) to Tamiahua, leaves at 4:00 pm and 23:50 hours. by Omnibus de Mexico (on holidays there are additional runs.) <http://www.odm.com.mx>).

We recommend that you contact one of the taxis in Tamiahua from the day prior to your arrival so that you can agree with him and pass by you to the terminal of the town.

Another option is to take a bus by ADO from the same terminal to Tuxpan and take a Taxi from Tuxpan to Tamiahua, which will charge you between \$ 250.00 and \$ 300.00 pesos. The ADO buses depart more frequently, just check the runs <http://www.ado.com.mx> The taxi should not do more than 50 minutes from Tuxpan to Tamiahua. In Tamiahua there is only a signal from Telcel and there are public telephones.

Do not forget to check and also book the return times.

Taxis in Tamiahua: Pepe 045 (768) 101 3200, Julio Cesar 045 (768) 1038053, Joel 045 (768) 100 3413. This service is not our responsibility, in this At the moment the telephones are working, if for some reason they do not work Please contact us to remove them from the information.

ITINERARY

The appointment is at **7:00 a.m.** in Puerto Lobos if your package includes breakfast and **7:30 a.m.** if it does not include it. Please support yourself as we will embark at 8:00 a.m. The island It is 18 miles away, which are traveled in 60 to 120 minutes. That's why important to leave as early as possible. Consider having your equipment ready **before** breakfast so that it is properly shipped while you have breakfast. If you go to camping is essential that the equipment is packed separately, for a side things that can get wet and other things that you do not want to be wet. You should consider that everything you bring with you is susceptible to getting wet Despite our care and **we will not be responsible for it.**

The return of the island is around 3:00 pm and in case your package Include food, this will be served 30 minutes after returning so you have time to wash your equipment and shower (in all foods served, to drink only flavored water, not bottled beverages). In case the service is Round trip and your package includes the food, it can be served on the island or in land and will depend on the logistics of that specific day.

IMPORTANT

If you have any allergies, intolerance or are vegetarian / vegan, we ask you to let us know at least one week in advance to try to adapt to your needs to the extent that this is possible since Tamiahua is a place with few inputs.

During boat trips it is highly likely that we get wet so you should consider wearing something that does not matter if it gets wet and that protects you of wind and water, a raincoat is a good alternative.

WHAT TO BRING TO DIVE

- Certification of diving with international validity in original or digital format, otherwise you will not be able to dive.
- Snorkeling equipment (visor, fins and snorkel) and SCUBA (vest and regulator). If you rented equipment with us, it will be delivered to you in Puerto Lobos before boarding and it will be your responsibility during the whole trip, you will have to return it in perfect condition, it is recommended that you bring a network of diving or suitcase that has water outlet so you can store the equipment and transport it properly at all times, otherwise, the equipment may suffer deterioration and you would have to pay the cost of its repair or replacement if this happened.
- Logbook, writing tablets and diving tables.
- Buoy and Dive Alert or emergency whistle.
- Neoprene suit, hood and gloves for diving in Platform Shark. NOTE: We recommend that you wear a 5mm neoprene on the months of March and April since the water is cool (21 ° C).
- Clock to record diving time or dive computer.
- The ballasts will have to be ordered as soon as you arrive at Puerto Lobos NO LO OLVIDES, so it is convenient that you have your belt at hand. To the you will have to sign in a list the amount of ballast received and When you finish the diving activities you will sign in delivered in the same list, in case you have lost it, you will have to pay it at a rate of \$ 6.00 usd per pound. We ask your cooperation so that they do not get lost because it is difficult, expensive and not very ecological to replace it.

WHAT TO BRING TO DRESS

- One shirt and one pair of shorts per day of stay on the Island.
- Swimsuit and, if possible, a long-sleeve lycra shirt Sun protection and do not use so much sunscreen.
- If you are camping add to your luggage a long pants and warm too of a sweatshirt to sleep or in case the weather is cool.
- Waterproof.
- Sandals.

- If you bring a towel, make it microfiber, since it dries quickly, if you do not have You can get it in Puerto Lobos.
- Cap or hat.
- Dark lenses.

It is very important not to carry too many things, since you will not use them and you will charge in vain. The stay will be very short and you do not need many accessories

WHAT TO BRING TO CAMP ON THE ISLAND

- Camping tent (can be per group). Inflatable mattress is recommended.
- Blanket or sleeping bag.
- Toilet paper, toiletries and medications, if you are taking any.
- Lantern for the camp.
- Bottle or water bottle. In the camp there will be water bottles to drink, you only need it to serve it.
- Repellent.
- Oil-free, biodegradable sunscreen that leaves no residue fatty, as this puts the safety of the group at risk. The best ones are in gel presentation, if you can not get it you can buy it in Puerto Lobos, It is important that it does not contain Oxybenzone because it is a component highly polluting for marine flora and fauna.

The sanitary services are provided by the Mexican Navy. They are services very basic (latrine with toilet, no water network in tube, so you have to put water with the help of a container.) You will find this toilet clean, keeping it that way is the responsibility of each of us, please leave them so Clean as you would like to find them.

We provide a shower with fresh water to bathe, we ask you that consumption is measured, which will allow us to use it every day. By please do not use the water to drink to bathe or wash the equipment, it is much worse stay without drinking that without bathing.

It is important to bring only the equipment you will need and not load in vain. The Electric power is restricted on the island, only for emergent situations.

IF YOU ARE HOSPEDADO OR CAMPING IN PORT LOBOS CONSIDER IT FOLLOWING

- T.V. is available in the rooms. cable, air conditioning and wáter hot. It is forbidden to consume food and smoke inside them.
- There are five showers and two bathrooms for general use.
- Wireless Internet protected with password. Ask her if the you need.
- Ample and safe parking.
- Racks to wash your equipment.

- Dive shop.

Consider that the kitchen and refrigerators are only for service food to people who contract food, if it is not your case, you can not use dishes, glasses, pans, stove, refrigerators or any other equipment the kitchen.

IMPORTANT

We remind you that in case of any cancellation by the assistant, there is no will make no refund or credit for future date, likewise there is no returns for reasons not attributable to us (unless by conditions climatic conditions and the boats do not leave Puerto Lobos, in that case reimburse the amount of the diving service that could not be carried out or will offer to exchange it for another activity).

In case the trip has to be interrupted regardless of the cause, no refund applies. In consideration of the ecology, we ask you to bring a bottle of water or cylinder that can be filled with jug water and put in the cooler if you want it cold, We are trying to reduce as much as possible the garbage that is generated through the consumption of disposable water bottles. Either way there will always be water bottles available.

If you have any question or comment do not hesitate to contact us.

WE WISH YOU GOOD TRIP!